

## DRUG ADDICTION – IDENTIFICATION AND INITIAL MOTIVATION

This field guide has been designed to train and prepare those working in the area of drug addiction. It brings together the expertise and resources of professionals with more than twenty years of experience in drug addiction prevention, treatment and research in India, and is intended for counselors, service providers and trainers. It is hoped that this guide will build capacity by helping to develop well-equipped, competent and effective professionals.

The Community Wide Drug Demand Reduction in India project of the Ministry of Social Justice and Empowerment and the United Nations International Drug Control Programme, Regional Office for South Asia was initiated in 1999. The National Center for Drug Abuse Prevention and eight Regional Resource and Training Centers set under the project focus their efforts on a large increase in skilled personnel and the training of trainers. A series of field guides is being developed towards this end.

*Drug Addiction: Identification and Initial Motivation* is designed to help counselors identify and assess the extent of substance abuse. It contains comprehensive information on the signs and symptoms by which abuse of specific drugs — heroin, cannabis, alcohol, and others — can be determined. This covers medical and psychiatric complications stemming from abuse, as well as behavioral patterns at home and in the workplace that serve as clues to the underlying problem. *Drug Addiction* also provides guidance in providing initial motivation counseling — encouraging drug users to seek treatment and helping their families recognize and come to terms with the fact of addiction.

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